

Recovering From Disappointment in Others

1 Samuel 8:5 & 22; 9:2 & 15-17; 15:23 & 34-35; 16:1

- I. "Appoint a king to lead us," 1 Samuel 8:5.
- II. "Give them a king," 1 Samuel 8:22.
- III. "Who shall I appoint?"
- IV. "Tomorrow I will send you a man...Anoint him,"
1 Samuel 9:15-16.
- V. "When Samuel caught sight of Saul, the Lord said,
'This is the man,'" 1 Samuel 9:17
 - A. Samuel's pride in Saul, 1 Samuel 10:23-24.
 - B. Pride intensified by own children's failure,
1 Samuel 8:3.
- VI. Sixteen years later, Saul rejected the Lord, 1 Samuel 15:23.
- VII. Disappointment grips Samuel, 1 Samuel 15:35.
- VIII. Recovering from disappointment in others.
 - A. Accept pain as normal.
 1. Nothing's wrong with you—disappointment even hurts God, 1 Samuel 15:35; Genesis 6:6, Luke 19:41.
 2. Denying unpleasant emotions prevents healing.
 3. Both God and Samuel hurt. He is our partner in pain, Isaiah 63:9; Luke 22:60-62; Acts 9:4.
 4. See God as healer of your emotions,
2 Corinthians 1:3.
 - B. Give yourself time to recover.
 1. Both inner and outer injuries require time for recovery.
 2. The pain of disappointment never suddenly evaporates; it gradually decreases.
 3. God waited for Samuel's recovery,
1 Samuel 15:35; 16:1.
 4. God patiently stood by as Israel mourned Aaron's death, Numbers 20:29.
 - C. Choose a "launch day", 1 Samuel 16:1.
 1. "How long will you mourn for Saul?"
 2. "Be on your way." Move on with life.
 3. "I have chosen another king." Don't be distrustful of everyone.
 4. "Launch" yourself into life and never look back.
Isaiah 43:18.

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