

## Dee Mail

### Traveling Tips

Dear Friends,

6/16/2010

Summer time means travel time. A trip can be stressful or delightful, depending on two things: your attitude and your preparation.



I have been stranded more than once in an airport. A verse in the Bible that helps me choose a cheerful attitude when things go wrong is Proverbs 16:9: “In his heart a man plans his course, but the Lord determines his steps.” I tell myself, “Relax. God is in control—not Continental Airlines!” With optimism I look for the good effect of the bad event.

To prepare for a pleasant journey, here are some tips that help me enjoy my travels:

1. Start early when planning what to take. Give yourself plenty of time to clean or purchase needed items.
2. The morning you leave on your trip, apply your make-up from your packed make-up kit to make sure you included everything. Precious fun time won't have to be forfeited to run to the store later.
3. Do you get drowsy driving long distance? Stash some popcorn nearby to munch on. Dry cheerios, rice cakes, or ice does the same trick, and all boast very few calories.
4. Before packing your shoes, cover them with disposable shower caps saved from other hotel stays.
5. For all you coffee lovers, carry along your own favorite blend of coffee. James and I sometimes take our own small coffee maker and filters. We have it all organized in a “coffee pack” with unbreakable small containers for our “can't do without” Starbucks blend. We enjoy, rather than endure, that first cup of coffee as we start our day!
6. Ask for a room on the top floor of the hotel. There's never any overhead noise, and you don't have to close the curtains for privacy.
7. Take half as many clothes as you think you'll need and twice as much money!
8. Be sure to pack your Bible. Make time to refresh your inner person with God's encouraging Word individually or with the family.

Whether you are visiting relatives or viewing new sights of God's beautiful creation, relax and have a marvelous summer. Happy travelling!

Love,

Delores

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